

Journaling with Spiritual Poetry

Sunday, March 6

2 to 4 p.m.



Members attend free with a sweet or savory dish to share, not-yet-members \$10

Journaling with Spiritual Poetry with Molly Salans

“I dreamt last night-oh marvelous error.
that there was a bee hive here inside my heart
and the bees were making sweet comb and honey
out of my old failures.” ~Antonio Machado

In this vibrant, inspiring workshop, journaling will take a look at ‘old failures’ as a means to turn them into ‘sweet comb and honey.’

A deeply brave and gorgeous journey, this method requires no writing experience. Spiritual poetry such as the above quote will guide you into the depths of your unconscious mind. Take this newly-discovered inner wisdom and create new energies that will propel you forward into the profound and exciting life you have always wanted!

Participants will . . .

1. Acknowledge the old stories that hold them back.
2. Spin their ancient yarns into renewed and refreshing new tales that will propel them forward.
3. Learn to write from their soul.
4. Gain deeper inner wisdom.
5. Learn self-compassion.

A transformative, intuitive and passionate healer, as well as a licensed psychotherapist, Molly Salans has served the Greater Boston Area for over 25 years. She has studied and practiced many different healing modalities. A popular presenter for Self Discovery Enterprises, Molly taught poetry to teenage moms and girls entering grades seven, eight, and nine. She is the author of Storytelling With Children in Crisis, nonfiction, published in 2004 by Jessica Kingsley Publishers.

To register, please visit ippw.org, Call 978.256.9391 or e-mail Kathleen.Veth@comCast.net