



Energy and Relationships: Mastering the Invisible

Where: 5 Northern Boulevard, Unit 16, Amherst, NH 03031

When: Sat. Mar. 21, 2015 from 9-12 A.M.

Cost: \$45.00 *IPPW Members: \$40.00*

Space for this workshop is Limited

Contact Karen@livingenergyworks.com or 603-321-6763 for questions or to register

ENERGY...WORKS!

When energy is abundant, free flowing and coherent you experience ease, optimal wellbeing and an effortless ability to express your true nature...your authentic Self.

Energy and Relationships

The role of energy fields in the creation and maintenance of boundaries, communication style and relationship interaction is the focus of this seminar. To understand these invisible dynamics from an energy perspective provides powerful new ways to develop more effective communication, healthier boundaries and more heart centered personal and professional relationships.

LEARN HOW TO:

*Eliminate energy hooks, drains and negative exchanges
Use energy to enhance communication and cooperation
Engage subtle energy for greater compassion and understanding*

This workshop will teach you:

1. Three major types of energetic interaction and how to use them positively
2. Effective techniques for healthy boundaries
3. Methods to create understanding and coherence in communication

Each participant will receive a Chakra Assessment Questionnaire and Chakra Workbook to personalize the material learned in this workshop.

Contact hours available for nurses

Program Facilitator:

Karen Kallie is a Nurse-Psychotherapist with advanced training in Mind-Body Medicine, Energy Psychology and Chakra Healing. She received her nursing degree from Mass. General Hospital and her Masters in Counseling Psychology from Lesley College. Karen is certified in Mind-Body Medicine, Ericksonian Hypnosis, Interactive Guided Imagery, Reiki, Therapeutic Touch, Emotional Freedom Technique and Quantum Psychology.