



**Aura Clearing and Balancing:
Engage the Energy of Health and Success**

Where: 5 Northern Boulevard, Unit 16, Amherst, NH 03031

When: Sat. Feb. 21, 2015 from 9-12 A.M.

Cost: \$45.00

IPPW Members: \$40.00

Space for this workshop is Limited

Contact Karen@livingenergyworks.com or 603-321-6763 for questions or to register

ENERGY...WORKS!

When energy is abundant, free flowing and coherent you experience ease, optimal wellbeing and an effortless ability to express your true nature...your authentic Self.

Would you like to know how to...

Identify blockage and imbalance in your energy system?

Clear and align your chakras for optimal function?

Restore health, flow and balance to your system?

In this three hour workshop you will learn how to identify and release specific stresses that deplete, block and unbalance energy. Habitual patterns of thought, emotion and beliefs create disturbances in the energy system that lead to faulty perceptions which can sabotage health, wealth and happiness.

Each participant will receive a Chakra Assessment Questionnaire and Chakra Workbook to personalize the material learned in this workshop.

Contact hours available for nurses

Program Facilitator:

Karen Kallie is a Nurse-Psychotherapist with advanced training in Mind-Body Medicine, Energy Psychology and Chakra Healing. She received her nursing degree from Mass. General Hospital and her Masters in Counseling Psychology from Lesley College. Karen is certified in Mind-Body Medicine, Ericksonian Hypnosis, Interactive Guided Imagery, Reiki, Therapeutic Touch, Emotional Freedom Technique and Quantum Psychology.