



IPPW



Join us for

**In the Presence of Positive Women's**  
Portsmouth's "Kick-Off" presentation



featuring

**Debby Hoffman Adair**

Hosted by Portsmouth's own **Claire Cavanagh**

**The Woman Behind the Mask**  
*Becoming the Authentic You!*

Thursday, October 30 from 6-8:30 pm

**Cost: Free**

**Where: The Portsmouth Library, 175 Parrot Ave, Portsmouth NH**

Our role as women in the world today can be daunting. From daughter, sister, mother, girlfriend, wife; to careerist mentor, CEO, Chair of the Board, entrepreneur; to housewife, caretaker, philanthropist, spiritual guide; the list can go on and on. The responsibility of the role taken, be it a decision we made or one thrust upon us, can be wonderful and fill our lives with joy or could bring us into serious overload. Yikes! No wonder many of us are super stressed. Either way, we can find ourselves with a serious case of overwhelm.

But who are we really, deep down inside? Are the "roles", we are portraying our true ourselves? Or are we hiding behind a mask, a façade, keeping our true identity a secret to the world, or even worse, a secret to ourselves?

**Debby Hoffman Adair** knows a thing or two about wearing a mask. She was once a woman with a heavy soul; she used a mask of negativity to quell her burning desires. She was afraid to let her light shine and walked toward the darkness; the only world she knew. No wonder why she ended up in a deep well of despair.

Her journey of digging herself out of unfathomable negativity and turning her life around will astound you. Debby shares her stories of how the self-imposed veil of darkness, the mask of her former existence, became the rock she stood on to create her new self, "Queen of Positivity!" Find out how she took all the negative things and turned them around to be the fuel for her new existence - a positive life. Now, a twenty-two year veteran motivational speaker, humorist, author and founder of the phenomenal women's organization, **In the Presence of Positive Women**.

This evening presentation will give you tools to see your own life from a new perspective and show the possibilities of what life can be and should be, if only you have the courage to remove the mask and shine your light. We invite you to come with an open mind, an open heart and take a small step into the option of thinking, feeling and doing something positive. Move toward the direction of authenticity. Remove the mask and find - YOU!

**Caution:** the content in this presentation may be hazardous to your negative attitude. It may contain humorous stories and compelling tales from which you may find yourself laughing and being empowered to see new possibilities

**Seating is limited. Please RSVP [Claire@IPPW.org](mailto:Claire@IPPW.org) or call Claire at 603-319-7047**

**For more information, please visit [IPPW.org](http://IPPW.org) or call 603-731-0116**